

# Including Imagery in Your Abstract Painting

Live online workshop with Julie Bernstein Engelmann  
July 10 and 17, 2022

## Sun, Jul 10 - Workshop Live on Zoom

11:00 am-3:30 pm AZ/PDT (2-6:30 pm EDT) with half-hour lunch break

## Sun, Jul 17 - Followup Feedback Session on Zoom, 1:00-3:30 pm AZ/PDT

Plus *optional* additional short session for final sharing - to be scheduled

All experience levels welcome

[Register](#) \$165

## About the workshop

If you love including imagery in your painting - and want to incorporate it into the freedom of confident abstraction - this workshop is designed for you.

You'll learn how to:

- Create a supportive abstract "home" where your imagery can live in a natural way
- Introduce imagery into your painting at the right time in the process so it can sing
- Bring your imagery into flow and harmony with the rest of your painting
- Enhance the spatial depth so your painting jumps into three dimensions
- Recognize when the painting is ready for details
- Relax and enjoy the unfolding journey

Step by step, you'll be guided through the painting process so you understand the principles and can use them again and again. You'll begin your painting in a natural way, use layers to develop a deep and luscious visual space, and weave into it your inspired imagery. Then you'll find the spirit in your painting and help it shine powerfully. In the friendly small group, I'll give you plenty of one-on-one attention to meet your specific needs.

## About the Artist

Julie Bernstein Engelmann creates abstract art that speaks to the heart and spirit. She is passionate about teaching three vital qualities of powerful abstract painting: meaning, naturalness, and spatial depth & flow. Julie holds an MFA from the University of California, Los Angeles, and a BA from Barnard College in New York City. Her luscious artworks have won many awards. Julie lives in Rimrock, Arizona and teaches on the faculty of the Sedona Arts Center School of the Arts. See Julie's art, CV, and sign up for her inspiring *Beauty & Spirit Note* at [www.julieengelmann.com](http://www.julieengelmann.com).



Julie Bernstein Engelmann, *Hamsa: True Gift of Love*, acrylic on canvas, 30"H x 24"W x 1.5"D

## Materials

Canvas (add second layer of gesso using curvy motions) or paper (if good quality, not necessary to gesso) - size range 11x14 to 18x24

Acrylic paints (whatever you have)

[Liquitex Professional Acrylic Gloss Medium](#) (or similar) slightly diluted with water, e.g. 15 parts medium to 1 part water

Brushes - whatever you have - try to include: soft synthetic 5/8" wide and 1" wide; also a larger brush (e.g. 1½ to 2" wide, can be cheap)

2 non-soluble drawing tools (e.g. Pilot pen, conte crayons, pencil, ballpoint pen, Sharpie markers)

Optional: reference photo(s) if you wish, or paint from imagination

### Also

Flat surface for mixing (e.g. pie tin)

Large water cup for rinsing brushes

Spray bottle to keep paint moist

Low, wide plastic container (food-type) for keeping paint moist

Soft absorbent paper towels with no texture, such as Viva, for wiping technique

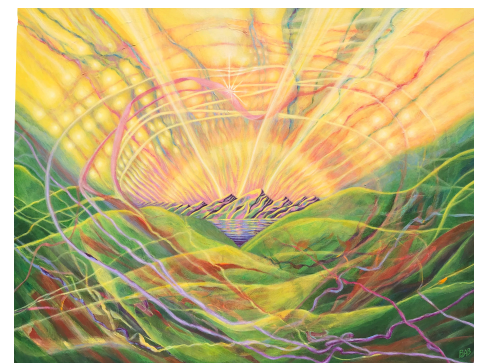
Regular paper towels and/or rag for dabbing brushes

Palette knife helpful

Table and/or easel

Camera (e.g. on phone) to show your work-in-progress

Zoom device with camera and mic



Beth A. Bernstein, *Now is My Time (Freedom and Love)*, acrylic on canvas, 22"H x 28"W

**Questions?** [juliebernsteinengelmann@gmail.com](mailto:juliebernsteinengelmann@gmail.com)

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